

01

RUGBY LEADERS AWARD (NON-CONTACT)

Course level	Pre-level 1
Equivalency	No equivalency recognised
Aim	To introduce the learner to coaching children and new players using non-contact forms of the game and to provide an entry level to the World Rugby Coaching Development Pathway
Learning outcomes	By the end of the course candidates should; → Be able to coach children and new players using the Get Into Rugby (GIR) and Rugby Rising Play (RRP) curriculum in a safe, competent, practical and enjoyable manner»
Candidate profile (who should do the course?)	Teachers, volunteers, parents and novice coaches
Duration (minimum expected contact hours)	4 hours
Online pre-requisites	→ Watch Rugby Explainer Videos → Safeguarding Essentials (online) → Coaching Children (online) → Activate (online) → Rugby Ready (online) → Concussion Management for the General Public
Entry criteria	None
Post course assessment requirements	None
Recommended minimum age	16+
Recommended modules	Introduction to Coaching
Course type and certification	→ Attendance-based (course is non-assessed) → Certificate of attendance issued subject to full attendance and completion of all online pre-requisite modules
Certification expiry	Does not expire



02

RUGBY LEADERS AWARD (INTRODUCING CONTACT)

Course level _ Pre-level 1

Equivalency _ No equivalency recognised

Aim _ To provide an entry level to the World Rugby Coaching Development Pathway

Learning outcomes _ By the end of the course candidates should;
→ Introduce the learner to the contact aspect of coaching children and new players in a safe, competent, practical and enjoyable manner

Candidate profile (who should do the course?) _ Teachers, volunteers, parents and novice coaches

Duration (minimum expected contact hours) _ 4 hours

Online pre-requisites _
→ Concussion Management for the General Public
→ Introduction to Coaching
→ Key Factor Analysis
→ Safeguarding Essentials
→ Rugby Ready
→ Activate

Entry criteria _ None

Post course assessment requirements _ None

Recommended minimum age _ 16+

Recommended modules _
→ Laws of the Game
→ First Aid in Rugby
→ Introduction to conditioning - Children (pre-level 1)
→ Introduction to conditioning - Youth (pre-level 1)
→ Introduction to conditioning - Adult (pre-level 1)

Course type and certification _
→ Attendance-based (course is non-assessed)
→ Certificate of attendance issued subject to full attendance and completion of all online pre-requisite modules»

Certification expiry _ Does not expire



03

T1 RUGBY COACHING AWARD

Course level – Pre-level 1

Equivalency – No equivalency recognised

Aim – To introduce the learner to coaching T1 Rugby in a safe, competent, practical and enjoyable manner and to provide an entry level to the World Rugby Coaching Development Pathway

Learning outcomes – By the end of the course candidates should;

- Coach in a safe manner, minimising risk and fully considering player welfare
- Create a positive learning environment for players
- Plan and deliver a practical coaching session
- Coach the core skills of the game through a games-based approach, and demonstrate the ability to introduce and explain, demonstrate, observe and analyse, and provide feedback to players.
- Relate what they are coaching to the Principles of Play to enable players to understand both what they are doing and why they are doing it
- Coach according to the laws of the game
- Self-reflect on own coaching performance
- Plan to continue to work on improving own performance
- Know where to access further coaching resources

Candidate profile (who should do the course?) – Coaches coaching non-contact versions of the game

Duration (minimum expected contact hours) – 8 hours

Online pre-requisites –

- Rugby Ready
- Concussion Management for General Public
- Safeguarding Essentials

Entry criteria – None

Post course assessment requirements – None

Recommended minimum age – 16+

Recommended modules –

- Introduction to Coaching
- Key Factor Analysis

Course type and certification –

- Attendance-based (course is non-assessed)
- Certificate of attendance issued subject to full attendance and completion of all online pre-requisite modules

Certification expiry – Does not expire



04

COACHING CHILDREN

Course level	Pre-level 1
Equivalency	No equivalency recognised
Aim	To learn how to create an engaging and safe environment for children to enjoy rugby while developing their skills
Learning outcomes	By the end of the course candidates should; → Understand child development: physical, cognitive and emotional stages of development in children → Create a safe and fun player-centred development environment → Develop fundamental rugby skills → Plan and deliver sessions → Promote rugby's core values
Candidate profile (who should do the course?)	Coaches working with young players, typically in the age range of 6 to 12 years old.
Duration (minimum expected contact hours)	4 hours
Online pre-requisites	→ RugbyReady → Concussion Management for the General Public → Introduction to Coaching → Coaching Children → Safeguarding Essentials»
Entry criteria	None
Post course assessment requirements	None
Recommended minimum age	16+
Recommended modules	→ Laws of the game → First Aid in Rugby → Functional Role Analysis → Key Factor Analysis → Introduction to Match Officiating (pre-level 1) → Introduction to conditioning - Children (pre-level 1)
Course type and certification	→ Attendance-based (course is non-assessed) → Certificate of attendance issued subject to full attendance and completion of all online pre-requisite modules
Certification expiry	Does not expire

